Consider three very common problems for students trying to learn science:

1) Students often experience instruction as a series of unrelated and isolated lessons, one after another. They don’t understand how readings or new concepts fit in with bigger science ideas.

2) They don’t know why they are doing particular science activities—when asked they will say “Because the teacher wants me to.”

3) They don’t see how science relates to their everyday experiences or how their lived experiences can be used as resources to help them and others learn important science ideas.

The root of all three of these problems is that there is nothing on the horizon for students to focus on. There is no genuine puzzlement, interest, or larger learning goal that they are aware of. Consequently the motivation for learning dissipates and they disengage from learning activities.

Let’s imagine though a different scenario. That a teacher decides to organize a unit of instruction around an event or process that is puzzling but also challenging to explain. One example involves a 3rd grade teacher whose students were about to investigate sound as energy. She considered a phenomenon (event or process) that could anchor her unit (when we say units, we refer to two to three weeks of instruction focusing on a related set of core science ideas).

This teacher chose the situation of a singer breaking a glass with the sound energy from his voice. She thought that, as students were developing an explanatory model for this phenomenon, they would have to wrestle with the ideas of sound as energy, air as a medium of transmission, the characteristics of sound waves at the unobservable level (wavelength, amplitude, frequency) and at the observable level (pitch, volume, the propagation of sound in all directions at once) and resonance. Her third graders would not only have to “know about” each of these ideas, but they would have to coordinate each of these ideas in an explanatory model for why the glass broke—in a particular way, at a particular moment, and under particular conditions. This is what we mean by selecting a phenomenon that is contextualized, and not generic. This is also what makes carefully designed units, based on causal explanations, far more rigorous than simply “covering curriculum.”

Her pre-planning also helped her see what parts of the curriculum kit would be relevant to students’ final explanations and which parts would be set aside. The teacher started her unit with the video of the singer. Students were immediately intrigued and they offered observations without prompting: “He yelled right at the glass”, “I saw the glass shaking”,

Anchoring Events that can Organize Science Instruction
“Only the top of the glass broke!” After some conversation about what they could see and hear in the video, the teacher shifted their attention to what they thought was going on that they could not directly observe. Following this discussion students drew some initial models using a before-during-after template supplied by the teacher.

Following the first day of the unit this teacher engaged students in a series of lessons, some involving combinations of: introducing new ideas (such as air being made out of molecules), activities (using tuning forks to understand what frequency means), discussions (about why they think sound is energy), and debates (about whether sound travels equally fast in all directions from the source). Much of her standard curriculum was used, but some lesson were re-arranged, some were re-purposed, and some thrown out entirely because they contributed little to the final explanation. All these decisions were based on two considerations: 1) What ideas and experiences were necessary for the final explanations, and 2) What were students thinking currently?

What science ideas had to be “pulled together” by our 3rd graders?

As you can see in this example, anchoring events can help you organize your instruction over multiple lessons and helps students understand that everything they are doing has a larger purpose. They are keeping their eye on the horizon.

But even for experienced teachers, coming up with anchoring events requires extra reading, a constant focus on learning goals, and regular reflection on how those learning goals match up with your evolving big ideas. The process will test your content knowledge to its limits and inevitably push you to deepen your understanding of even the
most fundamental ideas of science.

If you look at the table of contents in any science curriculum, you will see a list of topics. Some of these topics are usually one or two word labels like: ecosystems, optics, chemical bonding, earthquakes, or inheritance. Some topics are thematic and cut across different subject matter. Examples of these might be: cycles in nature, conservation of energy, or the relationship between form and function.

This guide will help you think about moving from a curriculum topic to a big idea worth teaching. We will address the following questions:

- What is it about the topics [earthquakes, optics, inheritance, or acids and bases] that are so important?"
- Is it the topic that is important? Or is it something more fundamental and dynamic about the topic that my students should really understand?
- What are important observable phenomena that students will need to interpret or explain?
- How might we represent a model that organizes and helps us make sense of the ideas in a curriculum?
- How can anchoring events be made relevant to kids’ interests and lives?

What is an anchoring event?

Big ideas in science are about the relationships between a natural phenomenon and a causal explanation that helps us understand why a class of phenomena unfolds the way it does. Phenomena are events or processes (“things that happen”) that are observable by the senses, or detectable by instruments.

- If you are a biology teacher, examples of phenomena might be the evolution of different shapes of finches’ beaks, water moving into or out of a cell, or the invasion of non-native species into a habitat.
- If you are teaching earth science, examples of phenomena might be an earthquake, the process of sedimentation, or lunar eclipses.
- If you are a chemistry teacher, examples of phenomena might be phase changes in samples of water, the diffusion of dye in a beaker, or the rusting of iron.
- If you are teaching physics, examples of phenomena might be motion of a pendulum, the changing temperature of a cup of coffee left on a countertop, or the way light behaves when it passes through lenses.

Studying events or process rather than things intrigues students. For example, to engage students in understanding cells, high school teachers we have worked with have asked young learners to draw and refine models of the spread of cancer in human body tissues. Although students certainly need to know the names and functions of particular cell organelles, we do not ask them to re-create textbook representations of these parts, using plastic baggies and pipe cleaners. We focus them instead on how and why cell structures contribute to healthy functioning or to disease. To cite another example, the earth-moon-sun system is a thing. It is possible to create scale models of it’s parts—many students do—but this is not the kind of modeling that scientists do, nor does it engage students to
do more than simply reproduce textbook ideas. In contrast, it is possible to use the earth-moon-sun system to identify an event or process that one could create a dynamic explanation of, then test and revise it over time. Such events might be captured in the questions “What causes the seasons?” “Why are there no seasons if you live near the equator?” “Why do planets and moons maintain the orbits they currently have?” and “Why are solar eclipses so rare?”

Important! The anchoring event should be context-rich, meaning that it is about a specific event that happens in a specific place and time under specific conditions. These “specifics” are precisely what make the situation interesting to kids. Explaining how all these contextual features affect the event is also what makes the explanations much more rigorous (not copy-able from a textbook).

**What is an underlying explanation?**

Every anchoring event or process should have an underlying explanation. These explanations—also known as explanatory models—always involve things that are not directly observable. Causal explanations or explanatory models have the following characteristics:

- They portray storylines about why observable events happen, not just descriptions of how they happen or that they happen.
- They almost always involve a cast of unseen characters, events, and processes that operate at a more fundamental level than the phenomenon itself. These characters, events, and processes may not be directly observable for several reasons:
  - they exist at such a small scale (atomic bonding)
  - they happen so quickly (electricity moving through a circuit)
  - they happen so slowly (evolution, glaciations)
  - they are inaccessible (the interior of the earth, neurons firing in the brain),
  - they are abstract (like unbalanced forces, concentration gradients, or alleles).
- These causal explanations may take several forms, they may be labeled drawings, written paragraphs, flow charts, or physical models.
- The causal storyline—or the “why” explanation—is powerful in science because it helps us understand a whole range of related phenomena in the world.

Developing causal explanations is a centerpiece of classroom activity. This is because explanations for natural events is at the core of what scientists do. But it is also because this is the most demanding kind of intellectual work you can ask students to do. The major struggle by students is to develop rich, gapless explanations. This requires that they link many science ideas together and understand how evidence supports particular claims more than others. The development of these types of explanations take two to three weeks, and require students to explore many ideas along the way.

Here’s an example of a rich, gapless explanation about what causes the seasons. It is what a middle school teacher might produce before a unit starts, in order to select activities
and readings for students, as they develop their own explanations (rather than just reproducing yours). You likely have seen “explanations” for the seasons before, they look something like this: “The seasons occur because the Earth is tilted at 23 degrees.” Or, “Different parts of the Earth get more direct sunlight than others at different times of the year.” Both of these are weak, not just because they are brief, but because they lack any causal storyline. They fail to include the basic mechanisms that produce the effect we call the seasons; consequently there are lots of gaps. Accepting these types of explanations really lets kids off the hook for thinking. It paints an overly simplistic view of how the world really works. Students can reproduce such explanations with no scientific understanding whatsoever—having learned nothing.

Now let’s try for a richer, more gapless storyline, something that would help a teacher plan a unit. Let’s start with how the earth and sun are situated in space. The Earth revolves around the sun. The Earth is roughly on the same plane as all the other planets. This is the plane of the ecliptic. The earth travels around the sun, taking a year to make a round trip. As it travels through space it also spins on its axis.

But the axis is not aligned straight up and down in comparison to the plane of the ecliptic. The North and South Poles are tilted at 23 degrees from vertical. This tilt never varies, there are no forces that could cause the tilt to change during the year. Because of this tilt, during the winter part of the round trip that the Earth makes, the northern hemisphere is pointed slightly away from the sun’s rays. During another part of the year (about six months later), the Northern hemisphere it pointed slightly more directly towards the sun’s rays.

There’s more. The radiant energy that the sun produces has a range that we call the electromagnetic spectrum, but only visible light (generally speaking) and radio waves actually make it through our atmosphere. It is the visible light that can strike surfaces like land and water and get transformed to heat energy.

However, because of the tilt of the earth at different times during the year, these rays of visible light interact with the Earth differently. It is like a flashlight that is pointed directly down at a floor from a distance of about 5 feet. You can see the energy from the flashlight concentrated in a beam a few inches in diameter. But if you put the flashlight at an angle, let’s say 45 degrees (still 5 feet away), then look at how the light hits the floor, you can see that the same amount of energy is now spread out over a much larger area. This latter example is like the Northern hemisphere during winter, when it is tilted away from the sun. The sun’s rays are spread out over a much larger area—they are less
concentrated, even though the total amount of light from the sun remains the same all year. During our winter the light also has to cut at a more oblique angle through more of our atmosphere, many more miles of it, before it reaches the Earth’s surface. This also decreases the amount of light energy that reaches the surface.

During the winter, cold air masses build up over North America, Europe, and Asia, due to the low intensity of sunlight. The oceanic air masses are much less affected by the seasons because circulations in the upper ocean replenish warm surface water if it has been cooled.

All these events, starting at the sun’s surface and ending in the air and water masses of the earth, contribute to the day length, the warmer temperatures, the different patterns of weather in our summer, and all the biological effects that we collectively characterize the seasons.

At this point we want to be clear—anchoring events are always developed out of some type of explanatory model. Even though it is phenomena that tends to capture the students’ interests—like the exploding hydrogen balloon, the tornado video, the dilating pupil of the eye—your instruction should focus on what unseen mechanisms are at work. By the end of the unit, you want your students to have linked explanatory models to your anchoring event. This is what makes an idea or model powerful in science—its generalizability—that it can be used to explain and even unify a range of different phenomena.

**Developing essential questions to go with your anchoring events**

To maximize student engagement teachers can “hang” all activities in a unit on an essential question that is written to relate to students’ lives and previous experiences. An essential question cannot be answered with a yes/no response, but rather it requires a complex synthesis of concepts learned. Each activity students do in a unit of instruction is in service of answering this question, and students constantly revisit this question throughout the unit. By constantly revisiting a relevant essential question, teachers are able to do more than just “hook” students at the beginning of a unit. A sample essential question for a unit on cells in biology might be “What makes wounds heal in different ways?” For a unit on the respiratory system an essential question might be “Why is asthma so prevalent in poor urban comminuties?” For a unit on oxidation in chemistry an essential question might be “What keeps things from rusting, and why?” For a unit on forces in physical science an essential question might be “How does a pulley help me lift something heavier than I am?”

**Some examples**

Here we present three different cases of how a typical topic found in a curriculum or textbook, might be linked to a anchoring event of importance, and a causal story (explanatory model) for that phenomenon, what you really want your students to understand, and another phenomenon that the explanatory model can be generalized to.
<table>
<thead>
<tr>
<th>Physics example</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Topic found in text or curriculum</strong></td>
</tr>
<tr>
<td><strong>Anchoring event of interest that can motivate students</strong></td>
</tr>
<tr>
<td><strong>Causal story (explanatory model)</strong></td>
</tr>
<tr>
<td><strong>What you really want students to understand</strong></td>
</tr>
<tr>
<td><strong>Another phenomenon causal model could explain</strong></td>
</tr>
<tr>
<td>Topic found in text or curriculum</td>
</tr>
<tr>
<td>----------------------------------</td>
</tr>
<tr>
<td>Anchoring event that can motivate students</td>
</tr>
<tr>
<td>Causal story (explanatory model)</td>
</tr>
<tr>
<td>What you really want students to understand</td>
</tr>
<tr>
<td>Another phenomenon causal model could explain</td>
</tr>
<tr>
<td>Topic found in text</td>
</tr>
<tr>
<td>---------------------</td>
</tr>
<tr>
<td>Anchoring event</td>
</tr>
<tr>
<td>Causal story (explanatory model)</td>
</tr>
<tr>
<td>What you really want students to understand</td>
</tr>
<tr>
<td>Another phenomenon causal model could explain</td>
</tr>
</tbody>
</table>

**Anchoring events always have conceptual content**

Because anchoring events are always paired with their explanatory models, it means that there should always be some conceptual content involved with the event or process—that is, something to explain. This means that the following do not count as anchoring events:

- practices such as experimentation, developing hypotheses, or evidence-based arguments
- safety in the classroom
- learning how to calculate things like molarities, how much force is needed to
move an object, or where the epicenter of an earthquake is located
• creating and interpreting graphs
• using conceptual tools like Punnett Squares, vector diagrams, or half-life tables
• building technological solutions to everyday problems

We are not saying that these ideas are unimportant, rather we are saying that ideas like methods of gathering data, lab safety, or using equations should always be taught in the context of some larger “big ideas” with conceptual content. All other ideas support the development of explanations for the anchoring event.

Making anchoring events relevant
Anchoring events not only need to be important scientifically, but should be realtable to students’ interests as well. This ensures that students are motivated to learn and have the best opportunity to capitalize on their background knowledge and everyday experiences. There are three ways to think about relevance to students’ lives. Picture a dart board and reference the diagram below. The most relevant context for study would be some aspect of most students’ lived experiences (i.e. relating to students’ home, school, or peer culture). The second most relevant context is one’s local context (i.e. relating to local community or physical geography or the history of a region where students’ live). The third most relevant context may not currently be connected to students’ worlds but it could be important to their interactions beyond school. All three contexts are important and could be a part of a unit.

Starting to work with anchoring events
When you start working on anchoring events, you’ll reach the limit of your own subject matter understanding very quickly. You should begin looking at various resources on the Web or in texts to expand what you know about the topic. As professionals we can never assume that we know enough about the subject to teach from what’s already in our heads. It is important also to work with your colleagues, asking them how they understand the explanations, models, and other ideas related to the topic in the curriculum.

One habit of mind that all great teachers have is that they take the opportunity to test and deepen their own content knowledge on a regular basis. They think of big ideas as the focus of what and how they plan, teach, and assess.
Research on how beginning teachers plan instruction clearly shows the importance of recognizing big ideas in science. In short, being able to identify anchoring events and their explanatory models is a fundamental skill for teachers. Anchoring events help you organize your instruction over multiple lessons and helps students understand why they are learning particular ideas.

**Final examples of successful anchoring events**

Here we leave you with seven examples of complex phenomena that anchored units of instruction successfully in science classrooms. We provide the original science topic, the event, and the essential question the teacher posed (or students proposed).

**Topic from curriculum:** Homeostasis  
**Anchoring event:** Local boy brought back to life after drowning  
**Essential question:** How can this boy’s body systems come back to life after 30 minutes under water?

**Topic from curriculum:** Gas Laws  
**Anchoring event:** Railroad tanker car implodes after being steam cleaned  
**Essential question:** Where did the energy come from to make this steel car collapse on itself?
**Topic from curriculum:** Ecosystems  
**Anchoring event:** Orca population declines in Puget Sound  
**Essential question:** What is out of whack in this aquatic ecosystem?

**Topic from curriculum:** Homeostasis  
**Anchoring event:** These are comparative cases—a female ultra-marathoner and a female with bulimia, how their bodies respond to stress over time  
**Essential question:** How can a woman who is a “picture of athletic health’ and a woman who is a “picture of disease” have experience the same responses to physical stress over time?

**Topic from curriculum:** Force and motion  
**Anchoring event:** Boy runs up to wall and does a back flip, lands on feet  
**Essential question:** How can he do this, what is required?

**Topic from curriculum:** Sound as energy  
**Anchoring event:** Blind young men are able to echo-locate around objects  
**Essential question:** How can these boys “see” if they are blind?

**Topic from curriculum:** Solar system  
**Anchoring event:** Pluto’s erratic orbit  
**Essential question:** How does gravity shape our solar system?